

Sample Timetable Nursery & Pre-junior

TIME	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
7:30 – 8:30	Quiet Activities / Morning Circle				
8:30 – 9:00	Breakfast				
9:00 – 9:30	Track & Field Games	Dance	Football	Arts & Crafts	Balloon Tennis
9:30 – 10:00	Outdoor Play				
10:00 – 10:30	Arts & Crafts	Basketball	Music	Cooking	Karate
10:30 – 10:50	Story	Story	Story	Story	Story
10:50 – 11:10	Outdoor Play				
11.10 – 12.30	Weekly theme Activities (Colouring, Crafts, Games etc.)				
12:30 – 13:00	Lunch / Snack				
13:00 – 14:30	Quiet Activities				